

London Borough of Redbridge SC

Affiliated to ASA London Region

Redbridge Sprint licence 3 Meet

26th & 27th April 2008

(Under ASA laws and Technical Rules)

Promoters Conditions

ASA Licence No. 3LR8026

- 1 Ages 9, 10 & 11 can compete in the 50m and 200 m events. They can also participate in the 100m & 200m IM. Ages 12+ can compete in the 100m & 200m events and the 50m skins (including IMs). Awards will be given to the top 6 in each group. Age groups will be split for presentation purposes (9, 10&11, 12&13, 14+). All 200m events will be swum as one event for all age groups.
- 2 Age groups will be determined by age at midnight on the second day of the gala. Competitors must be at least nine years of age on date of the gala.
- 3 The skins events will each consist of seven rounds. There will be an interval of three minutes between each round of the event with a start for male and female swimmers alternately every one and a half minutes. The start of round one shall be as normal ie whistle, take your marks, start signal. The start for the following rounds shall be as follows:
At 10 seconds prior to the start time – one long blast on the whistle – which will be followed 10 seconds later by the start signal.
NOTE: The command, 'take your marks' will not be given.
The slowest swimmer in each round will be eliminated. Should there be an equal last place in a round, no swimmer shall be eliminated in that round, but in the following round the number of swimmers to be eliminated will be the same as the number of swimmers involved in the equal last place in the previous round. In the last round, should there be a tie the 2 swimmers shall swim again after an interval of three minutes.
Swimmers shall be allocated a lane on the spearhead principle based on heat times. They remain in the same lanes for all the rounds of the event, unless eliminated, except in the final round when the remaining swimmers will be placed in the middle lanes of the pool.
There will be a £25 gift voucher awarded for the top male and female in each of the skins events
- 4 The entry fees are £4.25 for all events. Entry fees will be forfeited for withdrawals after confirmation lists have been sent/emailed.
- 5 The official closing date is 30th March 2008. The promoter reserves the right to reject entries for safety reasons in the event of over subscription.
- 6 All entries MUST be accompanied by a suitably large (e.g. 9" x 6") stamped addressed envelope for the return of entry summary sheets (cardless gala), plus the correct entry fee's including any coaches passes required. Please note the Royal Mail's Pricing in Proportion is now in place and may affect the price of your stamped addressed envelope. Please make sure you check you have the correct pricing as LBRSC will not be held responsible for envelopes that do not arrive.
- 7 E-mailed entries will be accepted provided the entries fees are received within 5 days of the electronic entry.
- 8 Entries will be filtered after the closing date. Priority will be given to the fastest entries in each age group and thereafter to home club swimmers.
- 9 This is a card less gala and swimmers must register themselves to swim within the registration period. Swimmers who register late will be accepted at the promoters discretion,
- 10 Coaches passes are available in advance for £12.00 which entitle the holder to refreshments between sessions, a program and emailed / posted results.

11. Completed entry forms and payments to be sent to; **David Keble, 36 Albemarle Gdns, Ilford, Essex IG2 6DJ, or Email gala.secretary@lbrsc.org**
12. Admission will be £5 for a whole day (£2.50 for adults & OAP's) and £2.50 for an afternoon only (£1.50 for adults & OAP's). Program will be £2 for a full day's program.
13. In the event of the referee utilising over the top starts swimmers must remain in the water, in their lanes until instructed to leave the water.

Time trials may be available depending on time.

15. Any officials who officiate one or more whole sessions at this meet will have their children's entry fees refunded for the session. If they don't have children swimming, parking & traveling expenses will be refunded. Refunds will be given out on the day and should not be deducted from your Club's entry fees.